

# Vitalscheune Wunsiedel



Montag	Dienstag	Mittwoch	Donnerstag	Freitag	Samstag
17.30 - 18.30 Pilates	18:00 - 19.00 World Jumping		18.00-19.00 Dance Workout	17.00 - 18.00 Yoga	
18.30 - 19.30 Pilates	18.30 - 19.45 Indoor Cycling	18.00-19.00 BBP/Rücken	18.00 - 19.00 Power Workout	18.15 - 19.15 World Jumping	Siehe Aushang
		19.00-19.30 Stretching	19.00-19.30 Bauch		
			19.30– 20.15 Maxx Vital		

# Winterplan